



**NATURE'S LUXURIOUS  
BEAUTY RECIPES  
FOR SPA AND ESSENTIAL OILS**

---



"WE SUPPLY THE BEST NATURAL PLANT  
EXTRACTS AND ESSENTIAL OILS FOR  
COSMETICS, FOOD, AND  
PHARMACEUTICAL INDUSTRIES"





# CONTENTS

List of contents	3
Foreword	4
General Information	5
How To Order	6
Essential Oils	8
Carrier Oils	27



# FOREWORD

MM Natures was founded in 1997 by Listianawati Setio and quickly established itself in Indonesia as a leading ethical supplier of high quality pure essential oils as natural products



## OUR PHILOSOPHY

MM Natures has adopted an ethical approach to business right from day one. Through ethical means we acquire and vend our products with honesty and integrity. The relationships we develop along the way are of utmost importance to us. We value and appreciate the standard of hard work achieved by the growers and producers through strict adherence to our guidelines during the whole process until the products reach our warehouse. The continuous expansion of our product range constantly embraces the company's philosophy to provide only the best natural products in the market.

Our organic products, being ISO 9001 : 2000 and ISO 22000 : 2005 certified, are unsurpassed in quality and excellence.

We are proud to offer you healthy natural products which are available in Indonesia

Visit our website at [www.mmnatures.com](http://www.mmnatures.com)



## OUR PHILOSOPHY

We consider ourselves to be progressive industry leader, who are trustworthy, professional, and most of all... good listener. We have grown our business by responding to constructive feedback our customers have given us. And we are fully committed to be the best in the business. So, should there be anything which does not come quite right for you (whatever the circumstances are), be sure to let us know

# GENERAL INFORMATION

MM Natures was founded in 1997 by Listianawati Setio and quickly established itself in Indonesia as a leading ethical supplier of high quality pure essential oils as natural products

## Pricing Policy

All products listed on this catalog are at wholesale prices. So, all of our customers can enjoy great prices everyday. You will find our products, which are of the highest quality possible, to have the most competitive prices in the world market and you can be assured that we supply exactly what we claim to

# BULK PURCHASING

MM Natures offer bulk discounting for volumes/ quantities that are larger than those listed in this catalog. We advise our local as well as overseas customers to contact our bulk division for quotations

# RECIPES

To get you started, you will find free recipes in our catalog. We will do customized formulation for natural products for Spa. We can also arrange for special contracts with customers. whenever deemed necessary

# BUSINESS HOURS

MM Natures opens from Monday to Fridays from 8:00AM to 5:00PM and Saturday from 8:00AM to 12:00PM

# PRECAUTION WHEN USING ESSENTIAL OILS

Essential Oils (EOs) are extremely potent and when used, it is advisable to be aware of general safety precautions and their appropriateness to the particular application you are planning to undertake





## QUALITY GUARANTEE

### Pure and Natural

MM Natures guarantees that all the oils we supply are 100% pure and natural and have not been adulterated in any way.

Our products are filled and packed in our CLEAN ROOM which is kept free of dust and foreign particle

### Quality Control

Under USP 26 Standard, all products must pass the quality control in our laboratory

## STORAGE

Our Essential Oils are stored at a cool temperature room. Warehouse condition is under the standard of ISO 9001:2001 and 22000:2005



### Amber Bottles/Aluminum

Our EOs are bottled in amber glass/aluminum bottles to make sure that all products are properly protected from UV light. EO are best kept in cool, dry area away from heat and sun light. Always secure the caps back into the bottles after use.

### Sediment

Please note that you will sometimes find some sediment in our cold pressed oil. This is due to the sediment left behind from the rinds of the fruit.

This will not affect the quality of the oil and in fact it is a sign that the oils are cold pressed. You will also note that during the cooler months our jojoba oil will sometimes solidify. This is due to natural wax esters in the oil and once again it is a sign of good quality of the oil. This same rule applies to our 3% dilution in jojoba



# HOW TO ORDER

Ordering from MM Natures is easy. We are open to take and process your purchase orders as follows:

Monday to Fridays, from 8.00am to 5.00pm

Saturdays, from 8.00am to 12.00pm

## PACKAGING

MM-Natures has a minimum order requirement of IDR 2.500.000,- (or its equivalent in USD), excluding VAT/PPN for all orders within Indonesia placed by phone, fax, or email

## MINIMUM PACKAGING

Min. 5 kg for Extracts

Min. 1 kg for Essential Oils

Min. 5 kg for Carrier Oils

# FOR LOCAL BUYERS

VALUE ADDED TAX (VAT) PAJAK

PERTAMBAHAN NILAI (PPN) All Prices are subject to 10% VAT/PPN

## CONTACT NUMBERS AND EMAIL ADDRESSES

Phones : +62 21 5800102 / +61 21 5810037

Fax : +62 21 58302649

Email : [cosmetic@mmnatures.com](mailto:cosmetic@mmnatures.com)

[cosmetic.technical@mmnatures.com](mailto:cosmetic.technical@mmnatures.com)

[sales.mgr@mmnatures.com](mailto:sales.mgr@mmnatures.com)

Mobile/Whatsapp : +62 8158706620

Our Sales Representative will be in touch with you to advice on our freight charges prior to finalizing your order



# FOR OVERSEAS BUYERS

## VAT/PPN

Goods and services for export are not liable to tax

## DANGEROUS GOODS

When the flash points of an EO is less than 60°C (140°F) it is classified as dangerous for shipping purposes. Dangerous goods must be packed and shipped in accordance with the Federal Regulations.

## MINIMUM PURCHASE

A minimum order value of USD 250 is applied to all orders placed by overseas customers. Prices exclude the freight costs.

## FREIGHT

MM-Natures can either send your goods by sea or airfreight.

By sea: Ideal for orders containing either dangerous goods and/or non-dangerous goods.

By Air: Ideal for orders containing no-dangerous goods in acceptable quantities

Minimum 1 kg for Essential Oils (Eos) in bottles

## PAYMENT

Prior to the dispatch of goods, overseas customers are required to pay their orders by TT (Telegraphic Transfer) in advance

## CONTACT NUMBERS AND EMAIL ADDRESSES

Phones : +62 21 5800102 / +61 21 5810037

Fax : +62 21 58302649

Email : [naturaexport@mmnatures.com](mailto:naturaexport@mmnatures.com)

[listianawati@gmail.com](mailto:listianawati@gmail.com)

Mobile/Whatsapp : +62 85811746699

Our Sales Representative will be in touch with you to advice on our freight charges prior to finalizing your order



# Where do the essential oils come from?



The magic of plants:

- Roots
- Wood
- Leaves
- Flowers
- Fruits
- Seeds
- Peels



# What are Essential Oils?

Humans like aromatic plants. When we pass a beautiful scented flowers, our behaviors shows that very clearly. The fragrance is enough to stop us in our tracks, make us forget our thoughts and bring our face nearer to the petals and inhale the perfumes. When we do, we forget all problems of the day for a moment and the world seems to be a simpler place. Gardeners love to touch and smell the herbs and aromatic grasses they grow themselves. Sniffing the aroma that cling on the fingers, such as pungent rosemary or peppermint, fresh lavender or tangy fennel will make us breathe deeply and feel relaxed



# What are essential oils used for?



1. Perfumery
2. Food Flavoring
3. Pharmaceuticals
4. Aromatherapy



# List of MM Natures Essential Oil

1. Sandalwood Oil
2. Patchouli Oil
3. Vertiver Oil
4. Ginger Oil
5. Rosemary Oil
6. Lavender Oil
7. Eucalyptus Oil
8. Fennel Oil
9. Tea Tree Oil
10. Lemongrass Oil
11. Geranium Oil
12. Ylang-ylang/Cananga
13. Lemon Oil
14. Bergamot Oil
15. Grapefruit Oil
16. Jasmine Oil
17. Turmeric Oil
18. Frankincense Oil
19. Peppermint Oil
20. Palmarosa Oil
21. Chamomile Oil
22. Nutmeg Oil
23. Black Pepper Oil
24. Orange Oil
25. Citronella Oil
26. Sage Oil
27. Cajeput Oil
28. Kaffir Lime Oil
29. Rose Oil
30. Aniseed Oil
31. Pipper Bettle Oil
32. Frangipani Oil
33. Cananga Oil
34. Clove Bud Oil
35. Citrus Oil
36. Gandapura Oil
37. Curcuma Xanthorrhizae Oil
38. Mandarin Orange Oil
39. Speamint Oil
40. Rosewood Oil
41. Abies Oil
42. Juniper Oil
43. Zanthoxylum Oil
44. Bay Oil
45. Cinnamon Leaf Oil
46. Valerian Oil
47. Sugandha Kokila Oil
48. Karane Oil
49. Vanilla Oil
50. Dhatelo Oil
51. Palmarosa Oil
52. French Basil Oil
53. Anthopogon Oil
54. Jatamansii Oil
55. Champor White Oil
56. May Chang Oil
57. Yellow Zedoary Oil
58. Cubeba Oil
59. Wintergreen Oil
60. Rose Geranium Oil
61. Coriander Oil
62. Cinnamon Bark Oil



## Sandalwood Oil (Santalum album L.)

The aroma of Sandalwood Oil is sweet, woody scent which calms the mind and evokes a meditative atmosphere. Sandalwood Oil is commonly

used in wide range of skin care and hair care.

- The Oil is noticeable in skin care since it has a balancing and anti-inflammatory effect on acne, psoriasis, eczema, contact irritations.
- Sandalwood oil is recommended as a moisturizer for dry and aging skin.
- Sandalwood oil soothes the skin, relieves it from inflammation and irritation, cures infections and keeps you feeling fresh and cool.
- In hair application, Sandalwood Oil has a good anti-dandruff property and improve hair growth.
- The aroma of Sandalwood Oil soothes nervous tension and anxiety. It also helps these systems function in harmony and without any abnormalities.



## Patchouli Oil

Patchouli oil has a characteristic scent that might be described as woody, sweet, rich, earthy, spicy, and lingering.

- Patchouli Oil is recommended as a moisturizer for dry skin, anti-aging skin, and reducing the appearance of wrinkles, and acne.
- Providing feelings of relaxation and helping to ease stress or anxiety. Good for treating sexual problems including impotence, loss of libido, disinterest in sex, erectile dysfunctions, frigidity, and sexual anxiety.
- Used in deodorant and anti-perspirant products.
- In hair application, Patchouli Oil has a good anti-dandruff property and can improve the condition of oily hair.

## Vetiver Oil

Vetiver oil has a sweet, deeply relaxing, smoky, earthy, and woody aroma.

- Vetiver is reputed to have a stimulating and soothing effect on the body.
- Speeds up eradication of scars and other marks from skin.
- May help with acne, oily skin, anti-aging, dryness, and cracking of the skin.
- Also helpful for mental and physical exhaustion, depression, anxiety, insomnia, ADHD (Attention Deficit and Hyperactivity Disorder) symptoms.
- In hair application, Vetiver Oil has a good anti-dandruff property and repel some insect like lice.





## Ginger Oil

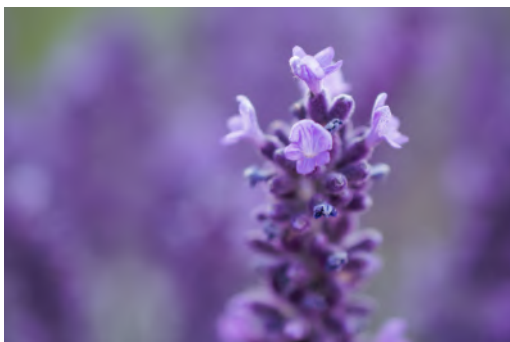
Ginger Oil has a unique aroma that can be described as strong, sweet, warm, spicy, but also fresh and pleasant.

- It can enhance concentration and it can soothe and reduce feelings of stress, sadness, anxiety, lethargy, agitation, dizziness, and fatigue.
- Helps treating indigestion and sore throats.
- A very good anti-inflammatory, anti-oxidant, and anti-bacterial agent.
- Stimulates blood circulation and warms the body.
- Also helpful for anti-acne, anti-aging, prevents wrinkles.
- In hair application, Ginger Oil has a good anti-dandruff property, hair loss, to promote hair health and growth.

## Rosemary Oil

Rosemary has strong, refreshing, woody, sweet herbal aroma with a mild medicine understone. The uses of Rosemary Essential Oil are abundant, ranging from medicinal and odorous to cosmetic.

- Rosemary Oil can promote relaxation and boost alertness as well as brain function, thereby improving memory.
- May help relieve pain, increase circulation, alleviate muscle pain, joint pain, sprains, and the symptoms of arthritis and rheumatism.
- A good anti-bacterial, anti-septic, anti-microbial agent which is it is very good if applied in anti-acne products.
- In hair application, Rosemary Oil has a good anti-dandruff property, helps to reduce oil in greasy hair, to promote hair growth and shine.



## Lavender Oil

Lavender smells floral, fresh, sweet, herbaceous and sometimes slightly fruity. It can be slightly camphorous.

- Lavender oil is good antidepressant and antiseptic agent.
- Lavender goes through the pores of the skin and keeps it moisturized and hydrated, reduce the skin acne, and age wrinkles.
- Help soothe irritated skin from sunburns and diaper rash.
- Lavender is used to help relieve pain from headaches, sprains, toothaches, and sores.
- Helpful to protect against diabetes symptoms, improve brain function, improve sleep
- In hair care application, Lavender Oil can promote hair growth and anti dandruff, help prevent or kill head lice.

## Geranium Oil

The aroma of Geranium Oil is sweet, yet penetrating.

- Helps to relieve stress, induces sleep, and lowers blood pressure.
- Geranium oil can prevent fatal neural disorders, treats respiratory disorders, treats women's health issues ranging from premenstrual cramps to postmenopausal syndrome, remedy for the painful and irritating athlete's foot.
- A good insect repellent.
- It can be used for acne, anti-aging, burns and congestion.
- In hair care application, Geranium Oil can promote hair growth, prevent hair loss and regulate sebum secretion.



## Ylang Ylang Oil

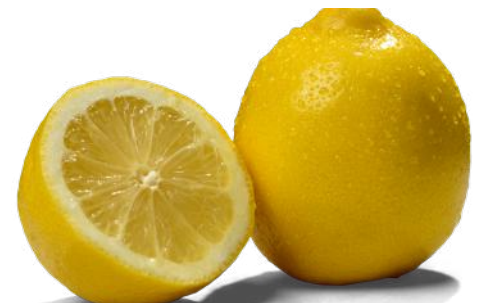
The aroma of Ylang-ylang is fresh floral, sweet, bubblegum.

- Ylang-ylang oil is the best agent when it comes to fighting depression and lowering blood pressure.
- Ylang-ylang oil has a euphoric effect that shoots the nervous system and relieves tension, anxiety, stress and even panic.
- A good insect repellent.
- It can be used to moisturize and soften skin, reduce acne, dermatitis, eczema.
- In hair care application, Ylang-ylang oil can help prevent hair loss, treat scalp dryness, treat head lice, and even strengthen the hair.

## Lemon Oil

The aroma of Lemon Oil is fresh, bright, sharp, sweet, and citrus.

- Lemon oil is typically used to ease stress, enhance mood, fight fatigue, insomnia, alleviate pain, stimulate the immune system, and promote weight loss.
- A good insect repellent.
- Can help to relieve coughs, colds, and flu conditions.
- Useful for fighting acne, oily skin, blackheads.
- In hair care application, Lemon oil gives a refreshing boost to the hair by making it strong, healthy, shiny, and eliminating dandruff.





## Bergamot Oil

The aroma of Bergamot Oil is basically citrus, fruity and sweet, with a warm spicy.

- Bergamot oil is effective in relieving panic, fear, anxiety, evokes happiness and joy, restore self-esteem and self-confidence.
- Bergamot Oil have ability to aid the respiratory system, remove toxins from the body, and work as stimulate that relieves nervousness and anxiety.
- Can be used to heal wounds and infection, insomnia, carpal tunnel, toxin removal, liver cleanse, lower cholesterol, promotes blood clotting, treats cramps and muscle pulls.
- It is also used in the treatment of gall stones, bronchitis, diphtheria, coughs, cold, halitosis.
- Can help to fight acne, eczema, psoriasis, dry and irritated skin, and also give refreshing and cooling agent.
- In hair care application, Bergamot oil can help cleans the scalp, promote hair growth and shine.



## Grapefruit Oil

The aroma of Grapefruit Oil is sweet, fresh, bitter, and citrus refreshing.

- Grapefruit oil is also used to reduce stress, stimulate circulation, increase energy, enhance mood, and improve digestion.
- It is particularly effective in treating infections of the colon, stomach, intestines, urinary system, excretory system, and kidneys.
- It is used to scent citrus perfumes and cologne, soaps, creams and lotions.
- Can help to clear acne and oily skin. In hair care application, GrapefruitOil can promote hair growth, reduce greasy hair, protect the color hair from sunlight damage, gives healthy scalp.



## Jasmine Oil

The aroma of Jasmine Oil is sweet, exotic, enduring, warm, sensual and floral.

- Jasmine oil is a popular naturalremedy, overcoming stress, balancing hormones, anxiety, emotional stress, low libido and insomnia.
- It's also used to decrease pain associated with pregnancy and childbirth.
- It's known to reduce infection in therespiratory system and can relieve colds and coughs.
- Jasmine oil can be used in cream or lotion, shower gel, face cream for reducing inflammation.
- It can be used for reduce blemishes, improve dryness, balance oily skin, anti aging, eczema, prevent wrinkles and fine lines.
- In hair care application, Jasmine Oil acts as anti dandruff, makes the hair shiny, and promote hair growth.



## Turmeric Oil

The aroma of turmeric oil is warm, spicy, slightly woody, and turmeric aroma.

- Turmeric oil is highly effective for anxiety, depression, boosting memory, cognitive function, improving concentration.
- Turmeric oil can protect against atherosclerosis, fatigue, weakness, anemia, weakened blood vessels, heart attack, stroke.
- It also acts as an effective insect repellent.
- It can also help reduce redness from blemishes, acne, the appearance of acne scars, wrinkles, dark circles, treat sunburn, as anti aging, reduce stretch mark, improve skin elasticity and calm skin conditions like eczema and rosacea.
- In hair care application, Turmeric Oil can prevent hair loss, treat scalp condition, promote hair growth, and get rid of dandruff.



## Cajeput Oil

The aroma of Cajeput Oil is strong, fresh, fruity, slightly sweet, medicinal aroma.

- Cajeput oil can improve concentration, clear and stimulate the mind.
- Cajeput oil is used to treat colds, headaches, toothaches, tumors, as an expectorant, chronic rheumatism, flu and infections related to sinus and respiratory tracts.
- A good insect repellent
- It is also used to treating acne, rashes, boils, cuts, wounds, burns, psoriasis, eczema.
- In hair care application, Cajeput oil can prevent dandruff, kill head lice, promoting healthier head of hair, encouraging the hair follicles to grow stronger.

## Sage Oil

The aroma of Sage Oil is fresh, warm spicy, earthy, slightly floral scent, herbaceous, somewhat camphoraceous.

- Sage oil is known to stimulate and clarify the mind while exhibiting a balancing, uplifting, soothing, and strengthening effect on the senses to ease negative moods.
- It is also known to promote a sense of attentiveness, enhance memory, and soothe discomforts of the digestive, respiratory, and female reproductive systems.
- Sage Essential Oil is reputed to ease the muscular and joint pain, address bacterial infections and spasms, eliminate toxins, promote relief for digestive complaints, and calm skin conditions such as dermatitis and Athlete's Foot.
- Helps to heal cellulite, stretchmark, fight signs of aging, prevents wrinkles.
- In hair care application, Turmeric Oil can promote hair growth, stimulate the scalp,





## Kafir Lime Oil

The aroma of Kaffir Lime Oil is strongly lemon-like with a sparkling scent, like a fragrant bouquet of citrus blossoms.

- Kaffir lime oil is used in aromatherapy to reduce stress, anxiety, and fatigue from sickness.
- It also helps lymphatic system and liver to filter out the toxic substances and maintain the health.
- Effective remedy for those suffering from rheumatism, arthritis, edema, gout, or some other inflammatory condition.
- Can help to treat acne, scars, blemishes, maintain a healthy glow, reverse the effect of aging on the skin.
- In hair care application, Kaffir Lime oil can effective in untangling hair strands, in washing away dirt and grease, anti dandruff agent and anti lice agent.



## Rose Oil

The aroma of Rose Oil is deep, rosy, and fresh.

- Rose oil can be very helpful in driving away depression and anxiety, fight anger and grief.
- It can also used to protect the uterus, help stimulate your menstrual cycle and can even regulate blocked or obstructed menses quite easily, provide relief from symptoms of gas, indigestion, ulcers, irritable bowels, bloating, and abdominal cramps
- Rose oil can protect from cold, influenza, flu, and other problems caused viruses.
- It can help fade away scars left over from acne, boils, pox, injuries, stretch marks, fat cracks, scars from surgeries, anti aging.
- In hair care application, Rose oil can promotes hair growth, make the hair shiny and smooth.



## Frangipani Oil

The aroma of Frangipani Oil is strong, sweet, rich, fresh, exotic, floral, uplifting.

- Frangipani oil is one of the most recommended oils to uplift the mood, calm the mind, and boots self confidence.
- Help to reduce stress, tension, nervousness, anxiety, and high blood pressure.
- Frangipani oil can relaxes nerves and muscles, and has aphrodisiac, astringent and purifying properties, help relieve inflammation, headache, back pain and tinnitus.
- It's can use to makes the skin smooth and supple, fight signs of aging, removes acne.
- In hair care application, Frangipani oil can moisturizes the hair, protect the hair from UV ray damage, reducing dandruff. Promotes hair growth.



## Clove Oil

The aroma of Clove Bud Oil is spicy, fresh, strong, unique, warm.

- Clove oil has a warming effect on the body and a spicy fragrance, which immediately refreshes the senses which helps lower stress and tension in the body.
- It's useful treatment for cold, cough, bronchitis, asthma, sinusitis, and
- tuberculosis. Useful for boosting the immune system,
- increases blood circulation, boost heart health.
- Can used for treat acne, removes dark circle, reduces scars, treats warts, shingles, and prickly heat rash.
- In hair care application, Clove Bud Oil can reduces hair fall, thickens hair, gets rid of dandruff, promotes hair growth.



## Citrus Oil

The aroma of Citrus Oil is fresh, fragrant, and sweet and rich.

- Citrus oil can helps restore energy, reduce muscle and joint pain, boosting brain power, purifying the blood and aid in preventing memory loss.
- It effectively helps to treat infections of the throat, mouth, colon, stomach, intestines, and urinary system.
- It is also effective in fighting other viral infections such as flu, mumps, coughs, colds, and measles.
- It canbe used to lighten dark spots, treat acne, pimples, blemishes, removal of deadskin, anti aging properties
- In hair care application, Citrus Oil can promotes hair growth, treat hair yhinning, treat hair loss, treat dandruff, making the hair shiny.

## Gandapura Oil

The aroma of Gandapura Oil is strong, sweet, mint, aromatic, creamy-fruity, fresh.

- Gandapura oil has been a important Ayurvedic remedy for relieving joint pain, muscular spasms, sprains, rheumatism, and inflammation and for healing wounds.
- Gandapura oil can helps in stimulating the secretion of digestive juices assisting in regular digestion.
- It helps in flushing out the harmful toxins like uric acid, excess salt, water and fat from the body.
- It can used for help in reducing hot flashes and mood fluctuations in menopausal women by stimulating blood circulation and strengthening the uterine walls.
- It can also effectively act upon reducing chest congestion, spasmodic coughs, breathing difficulties, asthma and nervous afflictions.





## Curcuma Xanthorrhiza Oil

The aroma of Curcuma Xanthorrhiza Oil is mild, sweet, spicy, slightly earthy.

- Curcuma Xanthorrhiza oil effectively of treating disorders of liver health and prevent fatty liver cells.
- It can also effective in optimally improving endurance, normalizing the affected tissue, lowering cholesterol levels in the blood,
- prevents tumors.
- It can also help to stave off Alzheimer's, Parkinson's, even chronic
- depression, reduce or prevent arthritis, migraines, and other painful disease.
- It's good for skin conditions of acne, eczema, and psoriasis benefit from the soothing and antimicrobial activity.

## Mandarin Orange Oil

- The aroma of Mandarin Orange Oil is fresh, citrusy, fruity, sweet.
- Mandarin Essential Oil is perhaps one of the best oils to aid in calming anxiety, treating insomnia, nervous tension, stress, mental exhaustion, pain and nausea.
- It's help to improves the circulation of blood and lymph, reduce the risk of developing liver cancer and breast cancer, reduce bad cholesterol and promote good cholesterol, maintain a smooth blood flow through the arteries, thus maintaining the normal blood pressure.
- It's good to prevents cold, flu, mouth ulcer.
- It can also help diminishes appearance of stretch marks & light scars, fights acne, fights wrinkle, anti aging agent.
- In hair care application, Mandarin Orange Oil can promotes hair growth, cleanses hair roots.



## Spearmint Oil

Spearmint oil can ease feelings of stress and nervousness, can boost concentration and reduce feelings of anxiety.

- Spearmint oil can used in treating common cold, nasal congestion, motion sickness, influenza, asthma, irritable bowel syndrome, colic and few other respiratory problems
- It's also stimulates nerves and brain function, promotes good blood circulation ptotects against mosquito bites.
- Spearmint oil also used as a flavoring agent in chewing gums, candies, toothpaste, mouthwash, soaps, teeth whiteners and certain other personal hygiene products.
- It's good for skin condition of treating scabies, itches, athlete's foot, dermatitis, acne, syphilis, insect bites, wounds and skin ulcers.
- In hair care application, Spearmint Oil can act as a anti dandruff, help to strengthen hair and help to hair growth.

## Bay Oil

The aroma of Bay Oil is sweet, fresh, and spicy.

- Bay oil can calming and warming effect on emotions and general aches and pains, including rheumatic pains.
- Bay oil is effective in the treatment of amenorrhea, migraine, neuralgia, poor memory, kidney infections, joint pain,
- arthritis, high blood sugar, menstrual difficulties, uterus infection.
- It is great for those suffering from coughs, colds, flu, asthma and bronchitis.
- The oil also has potent insect repelling qualities.
- Bay oil have been in use in healing wounds, scars, bruises, cuts, insect bites and minor skin allergies, reducing wrinkles, cleansing the pores deeply, creating acne, stretch marks, scars, eczema and covering up the other skin outbreaks
- In hair care application, Bay Oil also helpful with hair and scalp conditions and is mostly used to combat hair loss, anti dandruff, promotes hair growth.



## Cinammon Leaf Oil

The aroma of Cinnamon Leaf oil is warm, sweet, spicy, strong, and fresh.

- Cinnamon Leaf Oil help to stimulate circulation, reduce stress, relieve pain.
- It can also help to fend off heart disease, high cholesterol and neurological health disorders, like Alzheimer's and Parkinson's disease, reduce blood sugar, decreases bad cholesterol.
- Cinnamon Leaf Oil is touted as a natural remedy for health concerns ranging from cough and colds to constipation.
- It's can nourish the skin, slow the look of aging, revive the skin tone, reduce acne.
- In hair care application, Cinnamon Leaf Oil can stimulates hair growth and to addres dandruff, thinning hair, and hair fall.

## Valerian Oil

The aroma of Valerian Oil is Musky, Earthy, Warm, Woody, Deep, Rich.

- Valerian is most commonly used for sleep disorders,
- anxiety and psychological stress.
- Valerian oil may reduce menstrual cramp, may improve hyperactivity and focus in children with ADHD, may decrease menopausal symptoms, may improve heart health, may improve memory and cognitive function.
- It's also use for reducing the severity of migraines and headaches, joint pain, knee pain, hand tremors.
- It's helpful in the remedy of burns, cuts, wounds, open sores, eczema, bruises, psoriasis, itchinness, boils, acne, scars, insect bites, stings.
- In hair care application, Valerian oil can enlarge hair follicles and prolong the growth phase of the hair cycle

